Regular donation made to us by this generous company

GJ Crosby Contractors

thank you to Judi, Kerri and all the family

We would like to thank individuals who have donated to us in different ways over the last few months:
- John & Glenis Schulz
- Kerryn Chopping
- Chris Healy
- Lilian Harris
- Jim and Shirley Connaghan
- Jenny Jackeuleen

The GARDS organisation wants to reiterate its appreciation of all the wonderful people/organisations/companies who have donated to us. Without all of you helping us, we would not be able to support sufferers and their families. We rely totally on your generosity and kindness. We are so proud to be a part of such a giving community.

THANK YOU SO MUCH

The GARDS organisation would like to acknowledge the support that we get from Bob & Val Cornelis - South Gippsland Agent for Air Liquide and also Tony Robinson - East Gippsland Agent for Air Liquide. Both these agents fit our oxygen concentrators and conserving devices for our sufferers when ever needed - they do this for us as a donation to our organisation. You are truly wonderful people who should be commended for your good deeds.

Donations made in Memory of Aartie Van Den Dolder

John & Eileen Venturoni, L A May, Woolworths - Moe x 2, Shirlee & Stephen Jackson, C Rappold, Adon Christou, E Stevens, RS & ST White, Anonymous Individuals, J Martin, RSL Bus Trip, Helen Winters

Donations made in Memory of John Short


Donations made in Memory of Kath Hamilton

Vivien Gunn

Rawlings Family Donation and Apology

The GARDS organisation would like to thank Robert Rawlings for donating a fan to our GARDS Xmas raffle in 2012. He has also donated a serving plate to be either used by the organisation or raffled as we see fit. Thank you so much for your generosity - in the last newsletter I thanked Len - Robert’s bother - so sorry Robert

Angela Jones

Angela Jones and her family made a donation to our organisation in Memory of Angela’s mother Norma - Norma passed some years ago and GARDS were there supporting the family. Angela wrote a lovely note with her donation that read:

In Memory of my mother who never got to meet 3 of her 4 grandchildren. Forever indebted to Vicki for her support xx

Donations made in Memory of Maria Archer

TC & JS Traill

Donations made in Memory of Katherine Hamilton

Vivien Gunn

The GARDS organisation would like to thank the ACV/GARDS organisation. You are truly wonderful people who should be commended for your good deeds.

P & P Alarms Donation

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Home Taste Chinese Restaurant

The GARDS organisation would like to thank Pinky and Tony Lau for their continued support & friendship with our organisation.

Pat Preston and Collin Ross

The ACV/GARDS organisation would like to take this opportunity to make an honourable mention of two special people who are held in high regard by us. Pat Preston and Collin Ross

Both these gentlemen have been invaluable to us over the years and we wish them to know how much they are appreciated. They have made themselves available to us whenever needed and hold a special place amongst us. Thanks guys you are the best!!!!!
Asbestos Snippets

IN AUSTRALIA
Recent Observations in End-of-Life Mesothelioma Care


The Asbestos Diseases Research Institute in Rhodes, Australia just wrapped up a surveillance program for pleural mesothelioma patients. Their primary goal was simply to find out what choices the patients made when they were told they had a month or ...

Orange City Council defends asbestos plan


A West Orange resident is worried about dust levels at a work site on the Northern Distributor, saying it is an area known to contain naturally occurring asbestos. Jean Meiring says two large piles of rocks have been at the site, near the intersection ...

Council denies asbestos breach


ORANGE City Council staff have defended the handling of naturally-occurring asbestos at the north Orange bypass despite concerns from a resident who believes the council is breaching its own asbestos guidelines by not watering down or covering suspect ...

Nylex Clock, Richmond. Nylex clock one hour in front of AEST. Picture: Ron


Construction, Forestry, Mining and Energy Union (CFMEU) safety adviser Peter Clark said he suspected tradespeople working at the site “after hours and on weekends” had removed asbestos illegally at the Richmond Malting at its numbers 2 and 15 in Gough ...

Asbestos found again in Barangaroo: union


The Construction Forestry Mining and Energy Union (CFMEU) says its officials found 23 asbestos fragments at the site, just 10 minutes after being told by environment company Baulderstone the area had been certified as asbestos-free. CFMEU organiser ...

South Australian Town a Lingering Asbestos Wasteland


Terowie, Australia - A small town in South Australia says they’ve been an asbestos wasteland for long enough and are appealing to the government to remove the debris they say is having a negative effect on the health of everyone who lives there.

Authorities investigate cinema asbestos removal work


CFMEU Gladstone organiser Ben Loakes has made a verbal complaint to Workplace Health and Safety Queensland about the removal of asbestos from the old civic cinema site. Chris Chan. AN ASBESTOS removal job on Gladstone’s main street is being ...

Asbestos scare turns out to be linen


Fears of possible asbestos contamination at the Canberra Hospital have been allayed after tests revealed suspicious fibres were actually made of linen. Construction work on levels 7 and 9 were halted this week after airborne fibres were detected. Staff ...

State funeral for WA’s Ernie Bridge


His family have requested that in lieu of flowers, donations be made to the Asbestos Diseases Society of Australia. Mr Bridge served as a minister under WA Labor leaders Brian Burke and Peter Dowding. The Order of Australia member and Centenary Medal ...

Tests to gauge asbestos trail contamination


The Economic Development Directorate’s venue and events services general manager Neale Guthrie said 30 to 40 broken pieces of bonded sheet asbestos, each about the size of a 50¢ piece, were located on the track on land owned by ...

NSW must strengthen asbestos laws: oppn


Dib Abdallah Hanna was on Thursday handed a three-month suspended sentence in the NSW Land and Environment Court for contempt of court for failing to follow a court order not to dump asbestos and other waste. Hanna, 37, dumped 80 tonnes of waste ...

Asbestos dream home?


Can we really be talking to the builder about asbestos being buried where we plan to build our dream home? It wasn’t supposed to be like this. Thoughts of our daughter skipping carefree across the new lawn are stopped in their tracks by images of men ...

Claims asbestos may be linked to hut


A member of the public has suggested asbestos found this week at Stromlo Forest Park may be from ruins of a hut that was built almost 60 years ago. The man, who did not want to be named, said he had been walking the trails on Mount Stromlo for many ...

Roof worries haunt Pamela


Northern Rivers Echo

Her roof was damaged in the November storms and her insurer, Victorian company RAVC has still not offered to help fix her asbestos shack. Photo Patrick Gorbunovs / The Northern Star Patrick Gorbunovs. JUST weeks after her sleep-out roof was repaired ...

Hayes and Mailman score silver Logies


Most outstanding actor Anthony Hayes dedicated his silver Logie for the portrayal of Bernie Banton in Devil’s Dust to all the people who lost their lives to asbestos-related disease. “I know it’s not much but it’s recognition for you and I just hope we ...

Company denies any asbestos wrongdoing in Toowoomba


Vision of work being done by what the TWU calls a “professional asbestos clean-up crew” at the JJ Richards depot in Toowoomba. Contributed. WASTE disposal company JJ Richards has denied claims it is putting lives at risk by illegally handling asbestos.

Help to find clues how deadly dust killed Cramlington mum

http://www.chroniclelive.co.uk/news/north-east-news/help-find-clues-how-deadly-2546922

“Vickers Armstrong was a well known company in the North East before it closed in the 1970s so I hope as many people as possible will come forward and help our legal team investigate how the firm used asbestos so that we can get mum the justice she ...

Death sentence in a door


Soberingly, the risks of drilling into doors like this has been documented as recently as 2010 by Safe Work Australia, with people working on asbestos-cored doors exposed to up to 10 times the asbestos arising from other typical sources of asbestos dust.

GIPPSLAND ASBESTOS RELATED DISEASE SUPPORT INC. (GARDS) and ASBESTOS COUNCIL OF VICTORIA

Page | 7
Asbestos Snippets

Australia Braces for “Rash” of Mesothelioma Cases

The country continues to struggle with environmental and public health problems as a result of its long history of asbestos use. The Courier Mail newspaper’s website says the State Parliament in Queensland is bracing for a rash of mesothelioma cases ...

Dumping on Badgerys Creek Road threat to health

ASBESTOS has been found in a heap of illegally dumped building materials on Badgerys Creek Road. Liverpool councillor Peter Harle said dumping was a continuing problem that cost the council more than $200,000 a year in removal fees. He said although ...

NSW to take a look at damage

By TAMMY MILLS. April 11, 2013, midnight. The Denison County Caravan Park is still closed due to the prevalence of asbestos after it was flattened by a tornado that tore through the area three weeks ago. Picture: TARA GOONAN ...

Pickers used to remove asbestos: court told

- A Southern man has breached workplace health and safety regulations after hiring casual fruit pickers to remove asbestos from his property, the Hobart Magistrates Court has heard. Magistrate Olivia McTaggart found James Joseph Duffy, of Kettering ...

Workplace watchdog to inspect NBN rollout

- The workplace standards watchdog Comcare will visit Hobart next week to investigate claims workers on the NBN rollout are not adequately trained in asbestos safety. The Electrical Trades Union claims about 80 per cent of workers at sites it has ...

Asbestos: killer that stays with us
http://www watoday com au/comment/asbestos-the-killer-we-allow-to-remain-with-us-20130510-2jcjp.html

- The diseases that asbestos causes are horrible, particularly the effects of mesothelioma, which has been described to me as akin to being slowly strangled to death, or having concrete set in your lungs. The period from exposure to diagnosis can be a ...

Asbestos fears in Penrith street

- Evan St resident Catherine O’Farrell and Hornseywood Avenue resident Matthew O’Farrell holding snaplock bags containing suspected asbestos that he found around his place after Telstra workers removed telecommunication pits from outside their homes.

Asbestos scare at Adelaide school
http://au.news yahoo com/latest/a/-/latest/17143887/asbestos-scare-at-adelaide-school/

- It has been revealed 47 students and four teachers at an outer metropolitan school in Adelaide may have been exposed to asbestos in 2009. South Australian Education Minister Jennifer Rankine told State Parliament the possible exposure occurred when ...

DEPARTMENT OF THE TREASURY - AUSTRALIAN GOVERNMENT : An extra ...

- The Gillard Government will invest more than $10.5 million to deliver a national approach to protect Australians from asbestos-related diseases. Minister for Employment and Workplace Relations Bill Shorten said Australia’s history of widespread ...

INTERNATIONAL

Without Asbestos Legislation to Protect You, You Must Protect Yourself

So what is asbestos – and why are people dying? Asbestos is a mineral fibre widely used for decades in thousands of products – particularly construction materials – due to its insulating and fire-resisting properties. But its tiny, inhalable fibres are ...

VSD will seek dismissal of suit
http://www elpasotimes com/news/ct_22608530/ district-will-see-dismissal-suit

The suit, filed in 2002 by Marcelino Franco, alleges that the district fired him after he reported to campus administrators, trustees and the superintendent that Robert E. Kennedy Pre-K Centre was “ridicled with asbestos.” On Wednesday ADAO Enlists Dr. Brad Black as a Presenter for Upcoming ADAO Conference

As the Asbestos Disease Awareness Organization (ADAO) gears up for its ninth annual conference, the organization has selected a choice group of individuals that best represent the past, present and future of asbestos disease awareness. After all, those ...

‘No hope – I’m just living day by day’
http://www lep co uk/news/ no-hope-i-just-living-day-by-day-1-5419740

For eight years, John, now 66, worked in dirty and dusty conditions after joining James Watkinson (Engineers) Ltd as an apprentice, continually hammering huge amounts of asbestos lagging from pipe work in boiler houses. Eventually, he became ...

Rid Schools of Asbestos

Roofs, Govt Told
http://allafrica com/stories/201302201624. html

Parliament has ordered the government to phase out the use of Asbestos sheets as roofing materials in all schools and technical colleges to avert the health and safety hazards associated with its usage. Debating a report of the committee on science and ...

CCI probes cartelisation in asbestos cement sheets market
http://articles econometries indiatimes com/2013-02-20/news/37200472_1_cartelisation-investigation-arm-competition-commission-

NEW DELHI: The Competition Commission is probing alleged cartelisation in the market for asbestos cement sheets, which is mainly used in rural areas for low cost houses and warehouses. The fair trade regulator has said that various factors including ...

Attorneys in Libby asbestos settlement seek $4M in fees

Attorneys for asbestos victims in a Montana mining town are seeking more than $4 million in fees and costs from a settlement with chemical company W.R. Grace. State District Judge James Wheelis has ordered a March 1 hearing on the request. It equals ...

Asbestos suit says carpenter quit smoking in 1984

Thelma Absten claims her late husband was exposed to asbestos and/or asbestos-containing products during his career as a labourer and a carpenter from 1964 until 2003. Delmer Absten smoked one pack of cigarettes or less per day from 1956 until 1984, ...

World Health Organization Reiterates All Forms of Asbestos Cause Cancer
http://www alpharm co uk/2013 02/ world-health-organization-reiterates-all-forms-of-asbestos-cancer/ 

The World Health Organization and the International Agency for Research on Cancer issued a joint statement Feb. 19 stating that all forms of asbestos cause cancer in humans and stopping the use of all forms of asbestos is the most efficient way to ...

Cholangiocarcinoma: The Next Asbestos-Related Disease?
More than a dozen diseases are currently associated with asbestos exposure. Some (like mesothelioma) have a confirmed connection. Others are not officially linked, but show evidence of a loose association. And because asbestos is a known carcinogen, ... 

Goodyear Sues Travelers For Continued Asbestos Claims Coverage
http://www.propertycasualty360.com/2013/03/01/goodyear-sues-travelers-for-continued-asbestos-cla-rt-litigation

Goodyear Tire & Rubber Co. has filed a lawsuit against Travelers Casualty and Surety Co. over the insurer’s denial of defense and indemnity costs for future asbestos-related claims. According to the lawsuit moved from state court to the U.S. District ... 

Lung association: asbestos registry must be mandatory
http://saskatoon.ctvnews.ca/lung-association-asbestos-registry-must-be-mandatory-1.1176626
Their calling for people to sign an online petition called PassHowardsLaw.ca. The law is named after Howward Willems, a former building inspector who died of lung Cancer last November. It’s believed his Cancer was caused from exposure to asbestos while ... 

NY Jury Awards $35 Million to Asbestos Plaintiffs; Crane Co. Allocated 15 ... 


NEW YORK — A New York jury has awarded $35 million to asbestos plaintiffs at the conclusion of a trial that started with seven cases consolidated before a single jury, Harris Martin Publishing is reporting. At the time the New York Supreme Court for ... 

Rapid-American Files Bankruptcy Citing Asbestos Liability

Rapid-American, based in New York and formerly a holding company for McCrory variety stores, “was never engaged in an asbestos business” and inherited about 275,000 asbestos claims through a series of acquisitions, according to an account in court ... 

Judge approves $4M for Libby asbestos attorneys

BILLINGS, Mont. (AP) — A state judge says lawyers for victims of asbestos exposure in a contaminated Montana town are entitled to more than $4 million in fees and expenses out of a $19.6 million settlement with chemical manufacturer W.R. Grace and Co ... 

Lung Cancer Asbestos Victims Center Now Urges Victims Of Any Kind Of Lung ...
http://www.digitaljournal.com/pr/1169028

The Lung Cancer Asbestos Victims Centre says, “Most everyone has heard of mesothelioma, or they have seen ads on Cable TV for this rare form of cancer. Unfortunately we fear most US citizens who have been diagnosed with any kind of lung cancer are ... 

Asbestos Drilling Mud Part of Landfill, says Trucker
Santa Barbara, CA: Austin worked in the Ventura oil fields from 2008 to 2012 as a heavy equipment operator, and during that time, he worked with asbestos drilling mud. Now Austin is concerned about asbestos exposure and is considering filing an ... 

Asbestos death of postman
http://www.dayleco.co.uk/news/10343253-asbestos_death_of_postman-

Malcolm Roshier, 77, of Summit Way, Midanbur, was a delivery driver for the Post Office and would collect mailbags contaminated with asbestos fibres from ships carrying the dangerous material. He worked for the firm until 1972 and Mr Roshier was in ... 

Investigation Continues in Paterson, NJ Asbestos Incident

Paterson, NJ - As authorities in Paterson, New Jersey continue to investigate why prison inmates and untrained municipal employees were charged with the task of removing asbestos materials from municipal offices that were undergoing renovation, the ... 

Appeal over cancer claim
http://www.gazetteandherald.co.uk/news/towns/calneheadlines/10345475-appeal_over_cancer_claim-

A husband who lost his wife to an asbestos-related cancer has appealed for her former colleagues to get in touch, as he fights for compensation. Kay Brunsden died, aged 64, in August 2011 of mesothelioma, a type of lung cancer linked to asbestos ... 

Calif. Court Shows Insurers How To Duck Policy-Stacking Rule
http://www.law360.com/appellate/articles/431298/calif-court-shows-insurers-how-to-duke-policy-stacking-rule-

The recent ruling potentially could not be stacked to cover long-tail asbestos claims, a ruling that saves Kaiser from paying multiple deductibles but also reveals a way for insurers to sidestep the state Supreme Court’s landmark decision in California v ... 

Cancer patient’s legal bid for compensation
http://www.haringey-today.co.uk/News.cfm?id=11848&headline=Cancer%20patient’s%20legal%20bid%20for%20compensation

Last year he saw the first signs of lung cancer emerge and he believes asbestos fibres he breathed in during his time in the ship yards are behind the disease. Zelahia, who changed careers and began working as a silversmith in the 1960s, was working ... 

Queen of England Addresses Plight of Asbestos Sufferers

- London, England - Even the queen of England recognizes the serious of asbestos-related diseases such as mesothelioma and, this week, she told the public that the next parliament will see that there is legislation in place to provide payments to ... 

New chemical controls agreed in Geneva

- Five additional chemicals will be subject to international regulation following a summit on chemicals and hazardous waste held in Geneva, but bans and restrictions on asbestos and pesticides containing pararquat failed to garner enough support. 

Mesothelioma Symptoms May Benefit from Tuberculosis Drugs

- As all mesothelioma symptoms are individual, so too is everyone’s journey – the patient, the family, caregiver – when dealing with the disease. Recently, while taking care of a mesothelioma patient whose fears and anxiety were consuming him, I was ... 

NUMB Gene May Suppress Mesothelioma Patients When Other ...
http://www.mesotheliomahelp.net/blog/2013/05/nurse-finds-that-reiki-may-help-soothe-mesothelioma-patients-when-other-attempts-fail-

- As all mesothelioma symptoms are individual, so too is everyone’s journey – the patient, the family, caregiver – when dealing with the disease. Recently, while taking care of a mesothelioma patient whose fears and anxiety were consuming him, I was ... 

NUMB Gene May Suppress Mesothelioma - Surviving Mesothelioma

- In the latest study, published in Oncology Reports, researchers measured the expression of NUMB in 39 tissue samples of epitheloid mesothelioma. The results were compared using immunohistochemistry (protein testing) to 22 normal pleural tissues. NUMB ...
ACV/GARDS would like to see someone independent to monitor Telstra and do the checks in relation to this work.

Another threat that has emerged for contract workers digging up communication pits owned by Telstra, the pits may possibly contain the deadly banned pesticide Dieldrin.

The Communications Workers Union in Victoria raised concerns workers could have been exposed to Dieldrin that Telstra sprayed on its cables to stop termites.

The Dieldrin link was flagged after recent reports about the disturbance of asbestos in the pits caused widespread concern about the rollout of the National Broadband Network (NBN).

Dieldrin is banned in most countries and was phased out in Australia in the early 1990s. After once being widely used in agriculture and timber products, the toxic chemical has been linked with Parkinson’s disease and can trigger comas.

The union says it raised concerns about both asbestos and Dieldrin with NBN Co at a meeting in August 2010.

A spokeswoman for Telstra confirmed Dieldrin had been used but says it had stopped using the chemical well before the 1990s. “We do not believe it is an issue however we will seek advice from chemical experts and relevant government authorities on the issue,” Telstra later said in a statement.

Experts say Dieldrin exposure in telecommunications pits is unlikely to be as harmful as asbestos but they still urge action.

Professor Malcolm Sim said there could still be a concern about insecticides in the soil. “They’re very persistent and as I said they can accumulate in the body and that was the main reason they were phased out,” he said.

Telstra has established a hotline for any resident concerned about work in their area. The number is 1800 067 225.

ACV/GARDS will watch with interest and urges anyone who sees anything being done with pits in the future that they are concerned about to ring the number above and in Victoria ring WorkSafe or your local union representatives. If you are unsure on who to contact please ring the ACV/GARDS office. Again this was preventable & should never have happened in the first place if the works had been scoped correctly.
GARDS Inc. Membership Form

Name: ............................................................................................................
Address: ..........................................................................................................
Postcode: ................................ Telephone: ........................................ Email: ....................................
Occupation: ....................................................................................................

GARDS NEW MEMBERS Joining Fee $5.00

PLUS

GARDS Annual Subscription 2013

1. Concession (Pensioner/unemployed) .......................... $3.00
2. Full Rate (employed) .......................... $11.00

Upon my admission as a Member, I agree to be bound by the rules of GARDS Inc.

Signature: ................................ Date: ___/___/___

Please return to GARDS Inc. with payment, PO Box 111, MOE, Vic. 3825

Committee of Management

President:
Vice President:
CEO/Secretary:
Treasurer:
Member:

President:
Vice President:
CEO/Secretary:
Treasurer:
Member:

Dorothy Roberts
Ph. 5127 4174
Mobile 0407 274 174

Dorothy Roberts
Ph. 5127 4174
Mobile 0407 274 174

Vicki Hamilton
Ph. 5127 8219
Mobile 0407 274 173

David Fairbairn
Mobile 0403 319 520

Marie Smith
Ph. 5127 1427
Mobile 0427 271 427

Vicki Hamilton
Ph. 5127 8219
Mobile 0407 274 173

David Fairbairn
Mobile 0403 319 520

Marie Smith
Ph. 5127 1427
Mobile 0427 271 427

Ray Watson
Ph. 5127 4361
Mobile 0401 092 291

Ray Watson
Ph. 5127 4361
Mobile 0401 092 291

G.A.R.D.S. SUPPORT GROUP MEETINGS FOR 2013

1.30PM – 3.30PM

Meetings are held at –
GARDS Premises
41 Monash Road, Newborough
Tuesday 26th February
Tuesday 26th March
Tuesday 30th April
Tuesday 28th May
Tuesday 25th June
Tuesday 30th July
Tuesday 27th August
Tuesday 24th September
Tuesday 29th October
Friday 29th November – Asbestos Awareness Day, Rose Garden, Morwell
Christmas Break-Up to be advised

G.A.R.D.S. NIGHT MEETINGS FOR 2013

7.30PM – 9.30PM

Meetings are held at –
GARDS Premises
41 Monash Road, Newborough
Tuesday 19th February
Tuesday 19th March
Tuesday 16th April
Tuesday 21st May
Tuesday 18th June
Tuesday 16th July
Tuesday 20st August
Tuesday 17th September
Tuesday 15th October
Tuesday 19th November
Christmas Break-Up to be advised

CALL IN FOR A CHAT AND CUPPA

UP AND COMING EVENTS

Our Night/Day Meetings

Tuesday June
Michelle McKimmie
GRICS Coordinator Latrobe Regional Hospital

Tuesday July
Lois Williams
Central Gippsland Older Adults Recreation Network Inc.

Tuesday August
Cancer Council Victoria - Nurse on Call - Help Line

UP AND COMING EVENTS

Tuesday September
Speaker TBA or bus trip?

Tuesday October
Speaker TBA or bus trip?

PLEASE NOTE:

SUPPORT GROUP MEETINGS
GARDS Inc. would like to thank these sponsors and supporters

GARDS provides support and information to asbestos sufferers, their families and carers. This includes home visits by GARDS volunteers, a telephone information/support service 24 hours, 7 days a week. GARDS has an office, which is open for sufferers, their families, carers and the general community to access at the times listed in the information section.

GARDS INC. Support also conducts a monthly meeting (1.30pm – 3.30pm) on the last Tuesday of the month) where guest presenters are invited to provide information about support services of all kinds and any other topics of interest that the members might find of relevance. The meetings also provide a gathering place for experiences; GARDS Support is open to anyone whose lives have been affected by asbestos, their families and the general public.

GARDS loans out free of charge to asbestos sufferers - oxygen bottle regulators, conserving devices, oxygen home concentrators, wheel chairs, oxygen bottle carriers, nebuliser, walking frames & walking sticks.

We also have an extensive library of books, DVDs and CDs on asbestos issues, health, social and environmental that we loan free of charge to those wishing to improve their knowledge.

GARDS can provide professional counselling with a qualified psychologist free of charge for those who have been diagnosed with asbestos related disease and also their family members. If preferred telephone counselling can be arranged.