









GARDS Inc. Membership Form

Name:
 Address:
 Postcode: Telephone: Email:
 Occupation:

Committee of Management

President:

Vice President:

Dorothy Roberts

Ph. 5127 4174

Mobile 0407 274 174

CEO/Secretary:

Vicki Hamilton

Ph. 5127 8219

Mobile 0407 274 173

Treasurer:

David Fairbairn

Mobile 0403 319 520

Member:

Marie Smith

Ph. 5127 1427

Mobile 0427 271 427

Ray Watson

Ph. 5127 4361

Mobile 0401 092 291

GARDS Fees

Joining Fee: \$5.00

Annual Fees:

Pensioner/Concession

Unemployed \$3.00

Employed persons \$11.00

Meetings

SUPPORT:

Last Tuesday of month,
1.30pm - 3.30pm

EVENINGS:

3rd Tuesday of month,
7.30pm - 9.30pm

Office Hours

Monday to Thursday

10am - 4pm

Friday - By appointment

**CALL IN
FOR A CHAT AND
CUPPA**

GARDS NEW MEMBERS Joining Fee \$5.00

PLUS

GARDS Annual Subscription 2013

1. Concession (Pensioner/unemployed) \$3.00

2. Full Rate (employed) \$11.00

Upon my admission as a Member, I agree to be bound by the rules of GARDS Inc.

Signature: Date: ____/____/____

Please return to GARDS Inc. with payment, PO Box 111, MOE, Vic. 3825

Office Use Only

I....., a Member of the GARDS Inc. nominate the Applicant for
Membership of the Association

Signature of Proposer: Date: ____/____/____

I....., a Member of the GARDS Inc. second the nomination of the Applicant
for Membership of the Association

Signature of Proposer: Date: ____/____/____

G.A.R.D.S. SUPPORT GROUP MEETINGS FOR 2013

1.30PM – 3.30PM

Meetings are held at –

**GARDS Premises
41 Monash Road,
Newborough**

- Tuesday 26th February
- Tuesday 26th March
- Tuesday 30th April
- Tuesday 28th May
- Tuesday 25th June
- Tuesday 30th July
- Tuesday 27th August
- Tuesday 24th September
- Tuesday 29th October
- Friday 29th November – Asbestos Awareness Day, Rose Garden, Morwell
- Christmas Break-Up to be advised

G.A.R.D.S. NIGHT MEETINGS FOR 2013

7.30PM – 9.30PM

Meetings are held at –

**GARDS Premises
41 Monash Road,
Newborough**

- Tuesday 19th February
- Tuesday 19th March
- Tuesday 16th April
- Tuesday 21st May
- Tuesday 18th June
- Tuesday 16th July
- Tuesday 20th August
- Tuesday 17th September
- Tuesday 15th October
- Tuesday 19th November
- Christmas Break-Up to be advised

UP AND COMING EVENTS Our Night/Day Meetings

Tuesday 26 March

**Bus Tour to Lillico Glass
Studio - Warragul**

Tuesday April

**Plega - mobility aids, beds,
electric scooters, electric
chairs**

Tuesday May

**Peter Armour - Financial
Advisor Centrelink**

Tuesday June

**Michelle McKimmie - GRICS
Coordinator**

Tuesday August

**Amanda Spillare - Cancer
Care Victoria**

Please note:

*July, September and October
speakers for support group
meetings to be advised.*



GARDS Inc. Support

GARDS provides support and information to asbestos sufferers, their families and carers. This includes home visits by GARDS volunteers, a telephone information/support service 24 hours, 7 days a week. GARDS has an office, which is open for sufferers, their families, carers and the general community to access at the times listed in the information section.

GARDS INC. Support also conducts a monthly meeting (1.30pm – 3.30pm) on the last Tuesday of the month) where guest presenters are invited to provide information about support services of all kinds and any other topics of interest that the members might find of relevance. The meetings also provide a gathering place

for experiences; GARDS Support is open to anyone whose lives have been affected by asbestos, their families and the general public.

GARDS loans out free of charge to asbestos sufferers - oxygen bottle regulators, conserving devices, oxygen home concentrators, wheel chairs, oxygen bottle carriers, nebuliser, walking frames & walking sticks.

We also have an extensive library of books, DVDs and CDs on asbestos issues, health, social and environmental that we loan free of charge to those wishing to improve their knowledge.

GARDS can provide professional counselling with a qualified psychologist free of charge for those who have been diagnosed with asbestos related disease and also their family members. If preferred telephone counselling can be arranged.

We are situated at:

**41 Monash Road,
Newborough,
Victoria. 3825**

**PO Box 111,
Moe, Vic. 3825**

On line donations

<http://www.givenow.com.au/gards>

Phone: **5127 7744**

Fax: **5126 0354**

Email: **info@gards.org**

Web site: **www.gards.org**

SKYPE: **VickiGARDS**



You can find our link on the home page of the GARDS website or at [facebook.com/GARDSInc](https://www.facebook.com/GARDSInc)

GARDS Inc. Evening Meetings

GARDS has an organisational, activities and advocating arm. Interested financial members can come along to evening meetings, which are, conducted 7.30pm – 9.30pm on the third Tuesday of the month.

These meetings provide a focal point for information

sharing and problem identification. The aim of this group is to focus on improving health and support services and any other issues deemed relevant to improving overall outcomes to asbestos sufferers, their families and the general public. Thus ensuring asbestos-related issues are kept in the public eye and trying to rid our environment of asbestos products.



GARDS Inc. would like to thank these sponsors and supporters

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