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ASBESTOS NEWS

ASBESTOS COUNCIL OF VICTORIA (ACV) AND
GIPPSLAND ASBESTOS RELATED DISEASES SUPPORT INC (GARDS)

GARDS is endorsed as a charity. Donations of \$2.00 & over are tax deductible.

MAY
2016
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GENEROUS DONATION TO SUPPORT ACV/GARDS



Early this year we were honoured and privileged to have a monetary donation made to us by Gary Kenny in Memory of Lyall Watts his long-time partner.

The donation was made to help the organisation secure a part time casual worker to help ACV/GARDS with the day to day running of the organisation. We were thrilled and humbled to have received this from two of our cherished members.

As you would remember in our April 2015 – page 10 edition we gave a tribute to the man we had grown to love. In the time he had left Lyall was very active in the asbestos community – being a part of all the issues and taking part in many meetings to make change to highlight the dangers and stop others from being unwittingly exposed to asbestos. Lyall and his partner Gary, gave generously of their time and money to help make advancements into research by funding projects that might someday find a cure.

Lyall was passionate about research and saw this as a corner stone and foundation to eradicating this insidious disease that creeps into your body and pounces when you least expect it. Lyall was such a believer in this that he donated his body to science in the belief that he himself personally might be able to lend a hand to researchers to better help in their quest to find that elusive key to unlocking the secrets of retarding and eradicating the cells that cause mesothelioma.

Continued on page 2...



DID YOU KNOW?

You can make an online donation to our group at our home page
www.gards.org

This edition sponsored by grant from Latrobe City



FIND US ON FACEBOOK
You can find our link on the home page of the ACV/GARDS website or at:
facebook.com/gardsinc.



FOLLOW US ON TWITTER
twitter.com/Vicki_Hamilton@ACV_GARDS



Major sponsors of ACV/GARDS

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GENEROUS DONATION TO SUPPORT ACV/GARDS cont.

From page 1...

We are pleased that Gary has continued Lyall's work and dreams and it is always nice to talk and share thoughts with Gary on a regular basis. Gary you are doing a sterling job and many people thank you for your continued devotion to a very admirable and just cause. We look forward to being a part of your life in some form for a long time into the future.

Gary you are truly a loving partner wanting Lyall to be recognised for all the work he had done over the years and understood Lyall passion for more research – it was a wonderful idea of yours to ask Cancer Council Victoria to name the research grant in honour of Lyall – truly leaving a lasting legacy.

We wish the researchers all the best that we can give them and hope the answers that Lyall dreamed of are not far away for others, so they may reap the rewards of the seeds that Lyall has sown.

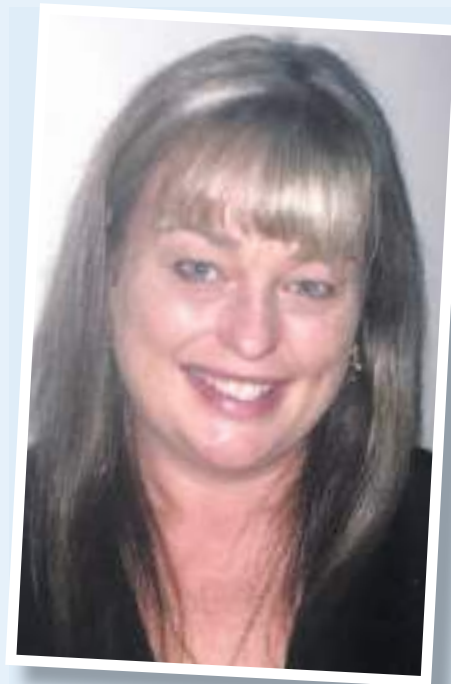
There are truly some amazing people in our community and we are so lucky to have one of those truly amazing people helping us in our corner of the world. Gary, you and Lyall will certainly make a difference to our organisation in helping us to help others who need support and comfort, something that I think you, Gary, know so well that others will need.

God Bless you both.

JODY PETHYBRIDGE NEW WORKER FOR ACV/GARDS

Our organisation wishes to welcome Jody on board as a new crew member to help with the day to day business of ACV/GARDS. Jody will work 3 days a week and will assist Vicki and the volunteers where ever needed.

Jody has already been working with us for the last month and has been learning all about asbestos issues from past to present day. Jody has introduced herself to a few of our members who have come into see us. Please come and make yourself known to Jody, we know she wants to get to know all of you. Of course, this would not have been possible as we have said if it was not for the generous donation from Gary Kenny in Memory of Lyall.



We wish Jody all the very best in her new role with us and we will certainly try to make her feel a part of our family here at ACV/GARDS.

NEW WEB SITE FOR ACV/GARDS ACTIVE



In early February 2016 the new web site for ACV/GARDS was activated. The web site had been under construction for 6 months changing and altering the format to suit an ever changing technological society that we live in and trying to meet the needs into the future.

Our first web site was launched way back in 2002 and served us well for 14 years. We hope that you will go and visit the new site and let us know what you think.

**THANK YOU SO MUCH
ITALICHERRY DESIGN STUDIO –**

italicherry
DESIGN STUDIO

www.italicherrydesign.com.au

Wendy McEwan

We want to thank Wendy for all her time and dedication she gave to this project. There was a lot to condense from 14 years of web site into the new look one. So much news and information had to be sorted and reworked to fit the new site. This was a big job and Wendy and her team were up for the challenge. Nothing was too much

trouble and they made working with them very easy to do.

We would also like to thank Wendy for making a generous donation of some of her time to our web site design, and appreciate her support of what we are trying to achieve.

If it was not for the generosity of businesses like Wendy's it would be so much harder for organisations such as ours to afford good quality, up to date IT such as this. We encourage you if you are thinking of developing a new web site to visit her and have a chat with her about what she might be able to do for you.

Thanks Wendy for all the encouragement and knowledge you have given us.

PLEASE CHECK

HAVE YOU PAID YOUR ACV/GARDS MEMBERSHIP FEES?

ACV/GARDS membership fees only cover some of the costs associated with being a member of the organisation - it does help us to send out information to you & keep you informed but we cannot send out personal reminders of fees due as this adds too much to our costs. We thank all those who support us by being a member as this gives us strength and unity to fight for those things in life that our sufferers and their families need and want. Thank you to those members who pay 2 & 3 years in advance, your gesture is greatly appreciated.



Australian Government
Asbestos Safety and Eradication Agency

SAVE THE DATE! ADELAIDE CONVENTION CENTRE THE VENUE FOR AGENCY CONFERENCE 13-15 NOVEMBER 2016

The agency is pleased to announce that the Adelaide Convention Centre has been booked to host the 3rd International Conference on Asbestos Awareness and Management between Sunday 13th to Tuesday 15th of November 2016.

GIPPSLAND TRADES & LABOUR COUNCIL - JOHN PARKER COMMUNITY ACTIVISM AWARD

On Friday 15th April 2016 at the Moe Racing Club the Gippsland Trades and Labour Council held its annual Labour Day dinner.

The dinner was well attended and the highlight of the night was watching our President - Dorothy Roberts, and our Vice President - Marie Smith, receiving their Life Membership awards from Vicki Hamilton CEO/Secretary of ACV/GARDS. The ladies were also awarded on the night another great honour from the Gippsland Trades and Labour Council with the John

Parker Community Activism award. Neither lady knew anything about the awards until they were announced, so it came as a complete surprise to both of them. Dorothy has been with ACV/GARDS for 16 years and Marie has been with ACV/GARDS for 12 years. They are the first females at Asbestos Council of Victoria/GARDS to be honoured in this manner, previously 5 males held the honour. We were all very proud of Dorothy and Marie when they were bestowed the John Parker Community Activism Award by the Secretary of the GTLC,

Steve Dodd. Both ladies are very deserving of both awards and at 80 and 86 respectively we think they are doing a wonderful job. Well done ladies we are so proud of you both.

There will be a special afternoon tea on the day of our support group meeting, Tuesday May

31st at 1.30pm – 41 Monash Road, Newborough for all ACV/GARDS members and supporters to come and celebrate Dorothy and Marie's awards. Please phone the office to advise if you are coming for catering purposes. All are welcome.



BIO ON DOROTHY ROBERTS

Born on 30th September 1936 – Dorothy is turning 80 this year

Born at Mordialloc, Victoria

Lived at Bon Beach

Attended school at: Chelsea Primary School and then went on to Mordialloc/Chelsea High School

Dorothy was a Sunday school teacher for 4 years

Commenced work at 14 years old with WH Barnes in Chelsea as a Tailoress for men's clothing – worked there for 6 years.

Met her husband to be Alan Roberts in 1951 on the beach in Chelsea – he was a new immigrant from England and he had an eye for the lovely and young Dorothy – he wanted to talk to her so he managed to bounce a beach ball in her direction and hit her on the head. The rest was history and they married in 1956.

Alan moved Dorothy lock stock and barrel to Latrobe Valley, Newborough to live close to his work at the Yallourn Power Station – he was a fitter and turner by trade.

It wasn't long before Dorothy gave birth to a bouncing baby girl called Vicki in Nov 1958.

Dorothy was a devoted home maker and mother for the next 25 years – her interests were sewing, caravanning, camping, fishing, picnics and cooking – Alan and Dorothy loved holidaying and travelled

to Rockhampton, Brisbane, Sydney, Canberra, Adelaide, Hobart and all around Victoria.

Dorothy and Alan enjoyed social get together's and having friends over for the evening.

In 1985 her husband Alan was diagnosed with Asbestosis and at the age of 54 in 1986 he was discharged from the power industry on a disability pension.

At this time Dorothy and Alan became grandparents to Tanya and she was the apple of both their eyes.

Dorothy not only became a grandparent but took on the role as carer for her husband. This was a major role and shift in roles within the family unit. Increasingly Dorothy took on more and more jobs that her husband had done as he was deteriorating and not capable of doing any more.

Dorothy knows only too well the important role that a spouse undertakes when their partner becomes incapacitated because they cannot breathe. This took up all her spare time and then some.

As Alan's asbestosis progressed she found herself becoming experienced in nursing albeit self-taught in all things to do with progressive illness – until in the end in 2000 – 14 years after his asbestosis diagnosis, Alan was diagnosed with Asbestos Related Lung cancer and her worst night mare was realized having to nurse a palliative patient/loved one to the ultimate end - DEATH. Alan passed away at home in June 2000 with Dorothy and the family by his side.

Dorothy was devastated and inconsolable - Alan was her whole world – she was a boat without a

rudder and became a bit of a recluse for a while – even though she had friends and family around her supporting her. She felt isolated. She needed to be with people who understood what she had gone through.

Thanks to her daughter Vicki seeing that Dorothy was struggling – found out that there was a group called GARDS and reluctantly Dorothy went with Vicki to her first GARDS meeting in the late months of 2000.

Even though at first she did not want to go – she found friends and support within the group and enjoyed the banter and comradery that the group afforded her.

Her confidence grew and when GARDS became an independent organisation in 2001 Dorothy volunteered to become an ordinary committee member for GARDS.

As she progressed and became more confident so did her roles within the group – she was supporting others who came into the organization looking for someone who had experienced and were experiencing what they were going through – she filled that role.

In the middle of all this Dorothy fulfilled a lifelong dream of Alan's that she should get her driver's licence – with the growing demand on her time with GARDS she needed to get herself around and be independent of relying on transport from others. Dorothy got her driver's licence at the age of 70 and became one of the oldest at the time to get her

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LIFE MEMBERSHIPS OF ACV/GARDS FOR TWO SPECIAL LADIES

From page 3...

licence at the VicRoads office in Morwell – the staff there clapped her when she passed her licence test.

Dorothy has spoken out on contentious issues around asbestos/health/environmental – something that Dorothy had never really ever done in public before. She has attended many many union meetings and protest marches in Melb and had a great relationship with Martin Kingham who was the head of the CMFEU for a time. They were actually on kissing terms instead of shaking hands.

She helped with the day to day running of the office and as the demand for GARDS grew was always there to help with whatever the job – including helping clean the medical equipment when it came back from a family that had finished using it. All the unsung jobs that no one wanted to do.

She took part in protests when James Hardie was trying to nick off overseas and not pay its compensation that families and sufferers so rightly deserved. She was incensed and stood up for those who were not capable of doing it for themselves.

She will probably do that again in the not too distant future as JH is sending out vibes that it might not be a corporate citizen. A footnote to this is that in 2004 when the JH campaign got going Dorothy had to overcome her fear of flying and for the first time in her life had to board a plane and go to Sydney. She now goes in a blink of an eye on a plane wherever she needs to.

She has been a part of health studies to advance the recognition of asbestos disease with Monash & Melb University. She has done speaking engagements to University students and community groups when called on. She helps with social functions and outings for our members. Has done well in excess of 1000's of hours attending meetings all over the south coast of Australia to do with asbestos – Victoria, NSW, Queensland and probably will be heading off to SA this year for more of the same.

Her roles progressed within the committee from Ordinary committee member to Vice President and then onto President of Asbestos Council of Victoria/GARDS. She knows every role within the

committee and she knows every member of the organisation. She knows the issues around asbestos inside and out. She works in the office every day of the week and helps out on weekends when the organisation has a site at a home show or health conference or fundraises at the local pub.

She conducts our monthly meetings and is an important part of all decisions made within the group. Dorothy protects the organization and its members like a mother lioness protects its cubs.

Even though Dorothy is turning 80 this year she is not slowing down - it is still full steam ahead - she has been an active member of the Asbestos Council of Victoria/GARDS for the last 16 years and will continue to be so long into the future. Her husband Alan would not recognize her now from the wife and mother she once was to the Asbestos campaigner that she has become - but we are all sure that Alan would be very proud of all her achievements and the changes that she has made in the asbestos arena to help save lives and take care of 100s of asbestos sufferers and their families.

BIO ON MARIE SMITH

Born on 31st March 1930 – Marie is a twin

Born in Carnegie, Victoria

Lived in Glenhuntly

Attended school at: Carnegie Primary School then went onto Prahran Technical School

Commenced work at 14 years old with Beatrice Cook in Collins St, Melb Dressmaking – worked there for 2 years.

Rudduck's Veterinary Hospital at Moorabin – as a kennel maid for 2 years.

Marie then went on to start her nursing training at the Alfred hospital in 1948 she finished her training in 1952.

Marie met her future husband Bruce during her nursing training in the emergency section of the Alfred when she tended to him after he came off his motor bike. Of course, she did not know then that that encounter was part of the greater plan of life. Twelve months later at the Malvern Town Hall they met each other again – Bruce did not know Marie. Bruce walked up to Marie and asked her for a dance while they were dancing the conversation was small talk about each of them and where they worked – when Bruce asked Marie where she worked Marie told him she was training as a nurse at the Alfred – then Bruce told Marie about his visit to the Alfred Emergency section and that he had a shard of glass in his back from a motor bike accident – the light bulb moment happened and Marie remembered that it had been her that tended his wounds after that shard of glass was taken from his back. Of course the rest is history they were married in 1952.

Marie continued to work after her marriage at Devon Private hospital – Glenhuntly for 2 years Rola factory – as a Process worker for 6 weeks.

In 1955 Marie and Bruce moved to Latrobe Valley - Bruce obtained work at the Yallourn Power Station – he was a fitter and turner by trade. When they settled in Newborough Marie got a nursing position at Latrobe Valley Community hospital Yallourn in 1956 to 1961.

Marie had two boys at this time. Peter bounced into their lives in June 1961 and Larry came skipping long in August 1962. Their family was complete.

Marie was a home maker and mother for the next 9 years – she loved to travel and so did Bruce – at every opportunity they would take off and go

somewhere – Marie also liked to sew and still does – at any chance she got she would make clothes for Bruce and herself and the boys.

In 1970 when Peter was 8 and Larry was 7 she decided to go back to work.

She took up a position at Latrobe Valley Hospital in Moe as a blood bank sister - Marie intended to be there for the next 5 years and ended up staying 20 years. In that time her role changed and not only was she still doing blood bank but the Dept she ended up in charge of included an endoscopy unit – which in turn ended up being the major part of her work.

In 1986 Marie and Bruce took a trip to China for 14 days and enjoyed every bit of it. This started many trips overseas to Hong Kong two times and Singapore and Bali. Marie had the bug!!

Towards the end of Marie's nursing career she had always wanted to do a degree and go to University as she could not do that in her early years – so this was a life-long dream she decided to fulfil.

She embarked on a Bachelor of Arts (Social Science) in 1988 part time and Bruce retired from his position in the power industry at that time - Marie retired in 1990 while doing the last part of her Bachelor of Arts.

It was a busy time for Marie as she and Bruce became grandparents to Jordan and step grandparent to Ian in 1991. Marie also decided to do an Honours Degree (Humanities and Social Science) in 1995 completing her life-long dream.

Life was good and everything was humming along.

Bruce started to have health problems and one of those health problems was asbestosis that was diagnosed in 2003. They joined GARDS at this time looking for help and support.

So Marie and Bruce became a part of the GARDS family - coming to support group meetings and social gatherings that were organized.

Bruce over the next 12 months became very short of breath and of course with that he could not walk far and frustrated because he could not do the things he use to do without tiring – Marie's time became increasingly more about looking after Bruce and being his carer. Marie knew that her loved one was deteriorating.

On Boxing Day 2004 Marie's life took a black turn – Bruce passed away suddenly at home.

Life would never be the same.

In first few days and weeks after Bruce passed Dot

and Vicki visited Marie and had chats with her and cuppas – Marie then started to come to the office and chat and have cuppas there. She started to join in helping Dot and Vicki with packing bags of info and doing little things around the office to help out. As time passed Marie's involvement in ACV/GARDS became more and more. She joined the committee as an Ordinary Committee member and then became the Vice President in later years.

She joined in Monash Uni tutes to medical students and then progressed to helping to organize the events we hold each year, participated in two Asbestos Summits, was a partner along with some of the other committee of ACV/GARDS in research with Melb Uni on power workers and then with Monash on a research project about asbestos sufferers and their families.

Marie has had 1000's of hours in meetings around asbestos issues and have travelled the south coast of Australia from Victoria to NSW to Queensland and will likely be heading to SA later this year.

Marie has never been afraid to voice her opinion on practically any issue whether that be asbestos related or not and she has been passionate about the work that ACV/GARDS has been trying to achieve with awareness and education and supporting our families. She flies the flag for ACV/GARDS wherever she goes. Marie also had a great relationship with Martin Kingham CFMEU – she was on kissing terms with him instead of a hand shake.

She is still active enjoying the travel bug that she got in her earlier life with Bruce and has been to Darwin, Perth, Hobart, Adelaide, Brisbane, Sydney, London and the Philippines.

She is helping and planning with ACV/GARDS for the activities and issues that lay ahead for the organisation this year – one coming up is a project that ACV/GARDS will be involved and partnered with Cancer Council Victoria on a High Mortality Cancers project. She is also coming along doing the Asbestos Awareness sessions with Vicki & Dot to TAFES around Victoria. Marie comes into the office every day during the week and helps out weekends when needed at Home Shows, fundraising and health conferences.

Marie's family is proud of her achievements and thankful that she has enjoyed good health to be able to do all the things she has wanted to do – she has just turned 86 years old. Marie has been an active member of ACV/GARDS for 12 years.

ACV/GARDS ON THE MOVE...



TWO TRIPS COMING UP DARNUM MUSICAL VILLAGE AND DR THOMAS JOHN – AUSTIN HOSPITAL – ONJ WELLNESS CENTRE



ACV/GARDS will be taking a bus full of members to the Darnum Musical Village on the 28th June.

We will be leaving the office at approx. 9.30am for a fun filled day of looking around the many



buildings on site at the treasure trove of musical instruments of the past 200 years and also be entertained with a musical interlude by the very talented musicians on hand. If you wish to be a part of this day with us the cost for the excursion will be \$30 which includes your lunch. The



lunch comprises of Pumpkin soup, 5 points of sandwiches, a lamington finger and tea and coffee.

Please let Vicki know if you would like to take part in this excursion/day out by paying the \$30 no later than the 10th June.

Our other trip this year by bus is to the Austin Hospital – Olivia Newton John Wellness Centre at Heidelberg. We have been lucky enough to be offered a look at the research department of this hospital by Dr Thomas John and meet with the researchers who are doing ground breaking work into mesothelioma. If you would like to be a part of this trip we will be leaving at 7.30am from the ACV/GARDS office on Tuesday 30th August to arrive at hopefully just before 10am. We will be at the centre until approx. 12.30pm and then will head home stopping at one of the service stations on the way back for some well-earned lunch. Lunch will be at the cost of the traveller. We should be back in Newborough by 3-3.30pm.

Spaces are limited for this trip – we can only take up to 20 people. So please make sure you contact us ASAP. We will keep a waiting list in case someone has to drop out – so if you are not lucky enough to be one of the 20 consider putting your name on the waiting list just in case. Here is some information on where we are heading.

Austin Health's Medical Oncology Unit Integrates Quality Patient Care with Global Cancer Research Medical Oncology

A medical oncologist is a doctor who specialises in cancer and oversees your chemotherapy and other medical treatments.

Our medical oncologists work as part of a larger multidisciplinary team that includes radiation oncologists, surgical oncologists, pathologists, radiologists and specialized cancer nurses. In

consultation with you, the team will plan and oversee your treatment to help you to achieve the best possible outcome.

The Medical Oncology Unit works collaboratively with the Olivia Newton-John Cancer Research Institute. This relationship means the latest in cancer research is quickly translated into better care with our patients having access the latest treatments and clinical trials.

The Olivia Newton-John Cancer & Wellness Center is also home to a number of cancer research laboratories. Our research is patient-focused and patients are encouraged to participate in the research to find new treatments for cancers. These include

Melanoma and Cancer Vaccines

Prof Jonathan Cebon

Tumor Targeting and Imaging

Prof Andrew Scott

Molecular Diagnostics and Cancer Genetics

A/Prof Alex Dobrovic

Cancer Epigenetics

Prof John Mariadasen

Translational Lung Cancer

Dr Tom John

The Olivia Newton-John Cancer & Wellness Centre also includes a Wellness Centre on site. This unique facility offers cancer information to patients, comfortable rooms for group education or peer support and a patient sanctuary for quiet reflection. Wellness therapies to complement medical treatment are also available such as meditation, acupuncture, massage, art and music therapy.

Dr Thomas John

MBBS PhD FRACP

Consultant Medical Oncologist



PERSONAL PROFILE

I am a consultant medical oncologist recognized both nationally and internationally as an expert in cancers of the thoracic cavity, which includes lung cancers, thymus cancers and mesothelioma. I also have an interest in genetics and cancers that may run in some families.

I trained at Monash University in Melbourne from 1991 - 1996 (MBBS). I obtained my Fellowship of the Royal Australian College of Physicians in 2004 (FRACP). I completed a PhD through the University of Melbourne in 2008. I undertook a post-doctoral fellowship at the University of Toronto and under the mentorship of Professors Ming-Sound Tsao and Frances Shepherd, two internationally acclaimed lung cancer researchers. I moved back to Australia in 2010 and am heavily involved in both basic research within a laboratory and clinical trials. I am the head of the Lung Oncology Clinic at the Austin Hospital.

DIARY DATE TO REMEMBER:

**ASBESTOS AWARENESS DAY
FRIDAY 25TH NOVEMBER 2016**

**11am – Centenary Rose Garden,
Commercial Road Morwell.**

Speakers TBA - Musicians/Singers – Bag pipers – Children's Choir - Adult Choir and free Community BBQ with the compliments of Gippsland Trades and Labour Council.



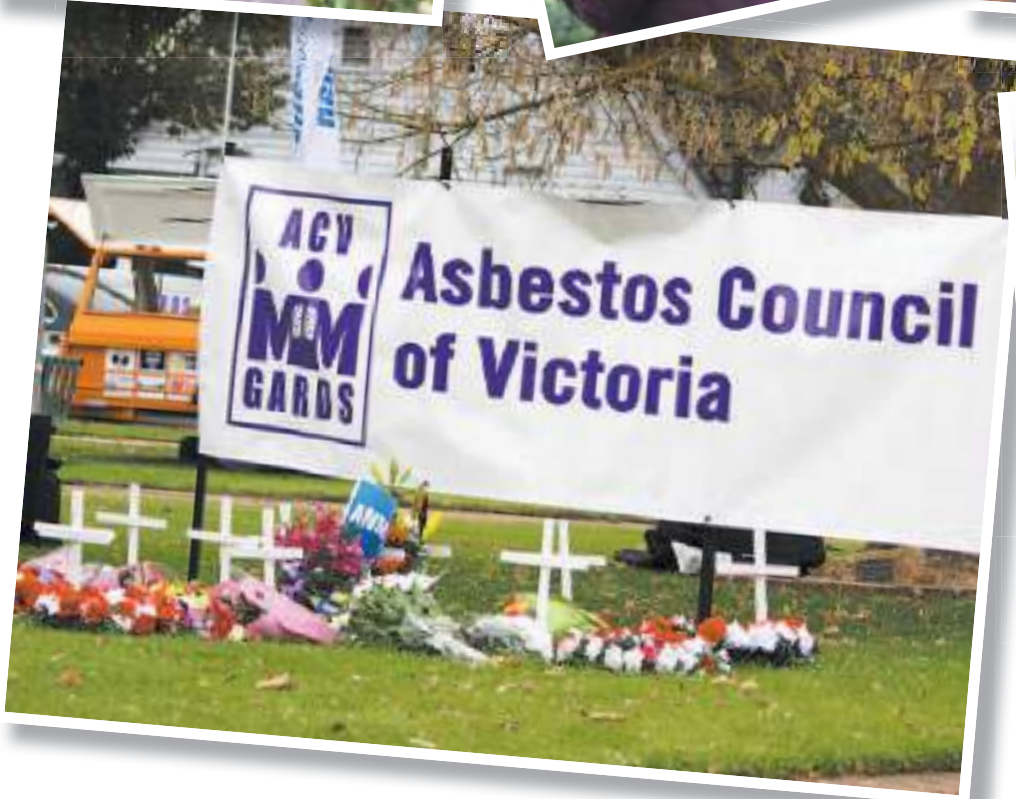
INTERNATIONAL WORKERS MEMORIAL DAY 2016

ACV/GARDS and GTLC would like to thank all those who participated in our annual Workers Memorial day.

We would like to thank our speakers Acting Senior Sergeant Benjamin McWilliam from the Victoria Police who came and shared some of the experiences of those dedicated officers who put their life on the line every day to keep our community safe. Thank you to our Workcover accident rep Allan Buhagair for sharing his experiences and thoughts on good work place

OH&S after having his left hand crushed under a 6 tonne steel door. Thank you also to the Secretary of the GTLC Steve Dodd for sharing his years of experience with work place safety and why it is so important. To our singer/musician Paddy O'Dowd who gave up his time to come and be a part of the ceremony we also thank you. Minister Russell Jones who conducted our ecumenical service as he has done in the past – thank you for your thought provoking service. To Bill Dunbar who comes all the way from Lakes Entrance to pipe for us and plays the

bag pipes magnificently – our Workers Memorial Day would not be the same without you Bill and thank you for your generosity in travelling so far to be with us. To the GTLC a big thank you for supplying the free BBQ to the community and a big thank you to Val Prokopiv President of GTLC for organising the food. To all the workers who came along and helped set up and pack up we thank you so much – you know who all of you are – we could not do it without you.



ASBESTOS AWARENESS MORNING TEA

**TUESDAY
22ND NOVEMBER 2016
AT 10AM**



SCONES JAM AND CREAM - GOLD COIN DONATION
Invited specialists and guests TBA.
All members and general community are welcome.

VENUE:
ACV/GARDS office
41 Monash Road,
Newborough



MONASH UNIVERSITY MEDICAL SCHOOL ASBESTOS AWARENESS 2016

On the 12th of April the ACV/GARDS team and Dr John Scarlett, medical oncologist engaged 1st year medical students at Monash University Gippsland campus in a session on asbestos awareness.

The aim of the ACV/GARDS group panel discussion was to enlighten the students to the medical, social, emotional and environmental issues around asbestos, talking about the disease and how it affects the sufferer and the family.

Highlighting the social impact this has on the family and the community, along with the emotional issues that come with a diagnosis of eg. Mesothelioma, asbestos related lung cancer, asbestosis. How this is still impacting on communities today with exposure still happening, imports containing asbestos coming into Australia in crayons, building products, household products, flooring, panelling, brakes, gaskets and much more.

The ACV/GARDS panel was able to have one on one with the students and the panel was able

to talk about their medical journeys and the medical system and how this affected their lives and wellbeing. Dr John Scarlett spoke about the medico side and treatments and what drugs are available.

The students asked many thought provoking questions. It was a highly charged session with confronting issues faced by not just the panel but the students too.



GIPPSTAFE NEWBOROUGH 2016

The 2nd of March we were asked to conduct an asbestos awareness session to 120 + Painting and Decorating, Engineering, Motor Technicians, Carpenters, Boiler maker apprentices at GippsTAFE Newborough campus. It certainly was a great session with plenty of interaction from the apprentices.

Lots of questions around all sorts of issues to do with their work situations and home renos they may do in the future. We would like to thank the lecturers for being so enthusiastic and embracing the program. The lecturers asked questions of the presenter and then gave instances where in the past they had been exposed to asbestos, which helped to enrich the conversation with apprentices around making sure that they keep themselves and their work mates safe. Thank you to all at GippsTAFE Newborough and a special thank you to Davin Nicholas for organizing it.



NTH MELB POLYTECHNIC EPPING TAFE 2016



The 5th of April saw Asbestos Council of Victoria at North Melbourne TAFE / Melb Polytechnic students - Apprentice Painting and Decorating class - great bunch of girls and guys.

We had terrific conversations - plenty of questions - had some laughs Dorothy and Marie enjoyed meeting all the students. Students said they learnt a lot and stated that they will use it in their future employment situations and in their home life - that's what this is all about - trying to make sure they keep themselves as safe as they can and protect themselves from exposure. Thanks Nth Melb Polytechnic - Epping TAFE for the warm welcome you gave us. We are returning there in the near future to do more sessions and looking forward to meeting more students.



BENDIGO TAFE 2016



The ACV/GARDS org has been engaged in a tutorial at Bendigo TAFE doing asbestos awareness sessions to 100+ Painting & Decorating, Plumbers and Electrical apprentices – we will be going back midyear to Bendigo for more new students.

Here are some of our students in one of our sessions in February 2016- we thank the TAFE teachers for supporting the program with such enthusiasm - the more apprentices that are aware of asbestos and the products that they may come in contact with while doing their jobs - just might save their lives later on.





Slater Gordon

Lawyers

We would like to thank Slater+Gordon Lawyers for again sponsoring us this next 12 months.

Sponsors are very important to our organisation without them we would find it extremely difficult to provide the services that we offer to our sufferers and their families. Our organisation relies on the generosity of the community, firms and companies to keep providing education, awareness, 24/7 support,

and all of our medical equipment that we lend to our sufferers free of charge.

So we would like to say thank you to Margaret Kent, Principal in Asbestos Litigation at Slater+Gordon along with Steve Plunkett and Maryanne Cluderay for having faith in us to keep delivering the services we provide to the community. It is so good to know that companies like this have community spirit. Thank you to you all.

Annual General Meeting

On Saturday 30th January 2016 ACV/GARDS held their election of new officer bearers in the positions of: **President – Treasurer - Committee Member.**

We are pleased to announce that **Dorothy Roberts** was again re-elected as President – **David Fairbairn** was re-elected Treasurer and a brand new Committee member is **Sharyn Fenech** – all were elected unopposed. We congratulate them on gaining their positions and wish

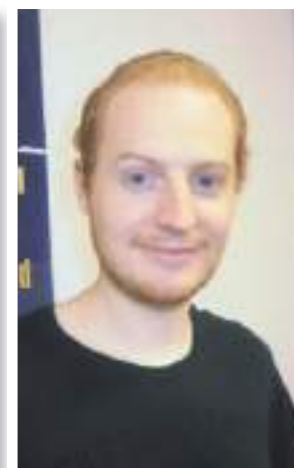
them all the best over the coming two years.

Auditor for 2016/17 will be Jamie Coltman who donates his time to us by auditing our books. It was also decided at this meeting that we would change the amount for membership fees commencing Sept 2016. Our joining fee will remain as is at \$5 but our concession fee will increase to \$5 and our employed persons fee will increase to \$15.

Pictured below are our 3 elected representatives when you see them say Hi!



Dorothy Roberts
President



David Fairbairn
Treasurer



Sharyn Fenech
Committee Member

GIPPSLAND HOME AND LEISURE SHOW



On the 13th, 14th & 15th of May ACV/GARDS had a display at the Home and Leisure Show where we could highlight the dangers of asbestos to the community.

This was an opportunity to talk with people who may be intending to do home renos and just highlight some of the places that they may

come across asbestos in their home – all homes built pre- 1990 may have asbestos products lurking somewhere.

We were able to give them contact details of places to get home audits conducted and to contact qualified registered asbestos removalists. We could also steer some who were interested in the Asbestos in the Home

Removal kit for small jobs that Latrobe City Council residents may be able to use. All in all a very great opportunity to meet community from all walks of life and have a chat about all things asbestos around the home. Thank you to EnergyAustralia Community grants for paying for the site rental for us. This was a great support to our org.

Asbestos Snippets

INTERNATIONAL

Asbestos to be removed from Christchurch library site - *The Press* - by TINA LAW - February 11 2016

Asbestos-riddled demolition material will have to be removed from a central Christchurch site before work can begin on the new \$85 million library. The material, enough to fill an Olympic-sized swimming pool and a 25-metre-long pool, has been sitting at the site on Gloucester St since the Coachman Inn and surrounding buildings were demolished after the 2011 earthquakes.

<http://www.stuff.co.nz/the-press/news/76737295/Asbestos-to-be-removed-from-Christchurch-library-site>

'Washing clothes gave me cancer': Ann blames illness on asbestos from dad's overalls - *The Sun*, By CARL BURYMAN, 12 Feb 2016

A WOMAN is seeking compensation after getting cancer - from washing CLOTHES. Ann Siddons has developed the type of the disease that is commonly caused by exposure to asbestos, which she thinks came from the overalls her father and husband wore.

<http://www.thesun.co.uk/sol/homepage/news/6925194/Washing-clothes-gave-me-cancer-Ann-blames-illness-on-asbestos-from-dads-overalls.html>

After 15 years, cleanup plan approved for contaminated town - *My Fox Boston* - by MATTHEW BROWN, Feb 8, 2016

BILLINGS, Mont. (AP) — The U.S. Environmental Protection Agency granted final approval Monday to a costly cleanup program for a Montana community where health officials say hundreds of people have been killed by asbestos poisoning.

<http://www.myfoxboston.com/news/after-15-years-cleanup-plan-approved-for-contaminated-town/66652023>

Ex-shipyard worker diagnosed with terminal cancer appeals for help from former colleagues *Gazette Live*, by Naomi Corrigan – 14th Feb 2016

A former shipyard worker who has been diagnosed with terminal cancer has issued an appeal to his former colleagues. Billingham man Kevin Hind is suffering from mesothelioma - an incurable form of cancer caused by exposure to asbestos.

<http://www.gazettelive.co.uk/authors/naomi-corrigan/>

Veterans dying from asbestos-related cancer win battle for compensation - *Independent*, by Jonathan Owen Tuesday 1 March 2016

Scores of veterans dying from asbestos-related cancer caused by their time in the military are to receive a lump sum in compensation, following an Independent campaign to overturn rules that left them worse off than civilians.

<http://www.independent.co.uk/news/uk/home-news/asbestos-cancer-mesothelioma-military-veterans-compensation-a6903946.html>

Asbestos to be removed from Tauranga's Historic Village - *Radio New Zealand*, 29 February 2016

Specialist contractors will remove asbestos found in buildings in Tauranga's Historic Village over a fortnight, starting next week.

<http://www.radionz.co.nz/news/bites/297774/asbestos-to-be-removed-from-tauranga-s-historic-village>

Is it safe to use talcum powder - *The Guardian*, Luisa Dillner, Monday 29 February 2016

What could be more wholesome than Johnson & Johnson's talcum powder? It is the fragrant way to dry the bits towels can't reach. Up to 40% of women may use talc at least occasionally. But last week a Missouri jury awarded \$72m (£51.5m) in damages to the family of Jackie Fox, who died of ovarian cancer having used the well-known brand of powder for years. More than 1,200 other cases are still waiting to be heard.

<http://www.theguardian.com/lifeandstyle/2016/feb/29/is-it-safe-to-use-talcum-baby-powder-ovarian-cancer-johnson-johnson>

Building housing ministry offices evacuated due to possible asbestos - *OHS Canada*, March 1, 2016, by Jeff Cottrill (*Canadian OH&S News*)

Saskatchewan's government authority for occupational health and safety had to face a work-related safety crisis of its own from Feb. 23 to 24, when a building that houses some of its offices was evacuated over an asbestos scare.

<http://www.ohscanada.com/health-safety/building-housing-ministry-offices-evacuated-due-to-possible-asbestos/1003349666/>

Study sheds new light on asbestos-related cancer - *Cancer research uk*, 1 March 2016,

US scientists analysing tumour samples from patients with mesothelioma – a form of cancer linked with asbestos exposure

– have mapped out the gene faults associated with the disease in unprecedented detail.

<http://www.cancerresearchuk.org/about-us/cancer-news/news-report/2016-03-01-study-sheds-new-light-on-asbestos-related-cancer>

Asbestos could be heading to Bailey landfill - *The chilliwack progress*, by Jessica Peters, Mar 2, 2016

The Bailey landfill may soon be able to handle asbestos-contaminated materials. Chilliwack council was being asked on Tuesday to look at amending the Solid Waste Collection and Disposal bylaw, chiefly to accommodate asbestos materials at the landfill.

<http://www.theprogress.com/news/370845481.html>

Support for asbestos victims – *Cumbernauld News* by Deborah Punshon, 03 March 2016

A new support group is being launched to help people with asbestos-related diseases in North Lanarkshire.

Clydeside Action on Asbestos is launching the support group following an increase in enquiries from across the area.

<http://www.cumbernauld-news.co.uk/news/local-news/support-for-asbestos-victims-1-4042693>

Man died not knowing he had industrial disease - *WiganTofay*, by Thomas Richardson, 03 March 2016

Lawyers representing the family of a former Wigan trucker who died from an asbestos-related disease are trying to trace ex-colleagues who worked with him when he was contaminated.

<http://www.wigantoday.net/news/local/man-died-not-knowing-he-had-industrial-disease-1-7770184>

Can talcum powder really cause ovarian cancer? - *The conversation*, March 5, 2016

The debate about whether or not talcum powder causes ovarian cancer has rumbled on for decades. However, it recently reached fever pitch after a US court awarded damages to the family of a woman who died of ovarian cancer, allegedly as a result of having used talc as a feminine hygiene product for many years. Does that mean women should avoid using talcum powder? What does the science say?

<http://theconversation.com/can-talcum-powder-really-cause-ovarian-cancer-55469>

St. James Council Approves Removal of Additional Asbestos At Old Hospital Site - *St James News Plaindealer*, by Nicholas Cicale Mar. 6, 2016

The St. James City Council met at 5 p.m. Tuesday for their first meeting of March, due to the presidential primary caucus held later that evening. The council approved a change order in the amount of \$19,800 for the removal of additional asbestos that was recently found in the old Hospital Building. The money will cover removal of asbestos found under the floor in one area of the hospital. Also, asbestos was discovered outside of the building foundation, and no price has been determined for its removal.

<http://www.stjamesnews.com/article/20160306/NEWS/160309800>

Letter: Turner Brother's Asbestos site ministerial meeting - *Rochdale online* - 08 March 2016, by Hilda Palmer

Greater Manchester Hazards Centre would like to comment on the meeting Rochdale MP Simon Danczuk and council leader Richard Farnell had with Environment Minister Rory Stewart about decontaminating the TBA site.

<http://www.rochdaleonline.co.uk/news-features/2/news-headlines/101599/letter-turner-brothers-asbestos-site-ministerial-meeting>

Weathering a Mesothelioma Diagnosis After a Natural Disaster - *Asbestos.com* - Mar 08, 2016, by Lorraine Kember

A period of unexplained breathlessness not long after we returned to Exmouth from Bali led to Brian's pleural mesothelioma diagnosis.

<http://www.asbestos.com/blog/2016/03/08/natural-disaster-strikes-mesothelioma-diagnosis/>

France: Product Liability Defence 2016 - *who'swholegal* MARCH 2016

High-profile health scandals in France in recent years have seen a wave of lawsuits, the most infamous of which is probably the breast implant scandal involving the French company PIP.

<http://whoswholegal.com/news/analysis/article/33025/france-product-liability-defence-2016/>

Asbestos contract awarded for Edinburg school project - By Mary Grzbieaniak, *New Castle News* Mar 12, 2016

Mahoning Township supervisors awarded a contract Tuesday to remove asbestos from the abandoned school building in Edinburg.

Successful bidder was Clarion Environmental Services, of Clarion which was the low of two bidders, offering to do the job for \$3,200. The other bid, from Phase I Development, of Pittsburgh, was for \$6,700.

http://www.ncnewsonline.com/news/local_news/asbestos-contract-awarded-for-edinburg-school-project/article_e787aca9-022b-5ac1-80db-c7a549276400.html

Simmons Hanly Conroy Investigates Talcum Powder Link to Ovarian Cancer - *Cloud computing journal* By: PR Newswire Mar. 14, 2016

Talcum powder is widely used in cosmetics such as baby powder because of its ability to absorb moisture, eliminate friction and prevent rashes. Largely manufactured by Johnson & Johnson (J&J), products containing talcum powder have become a symbol of freshness and cleanliness for women. However, if used for feminine hygiene, doctors have suggested talcum powder can reach the ovaries and ultimately cause cancer.

<http://au.sys-con.com/node/3721980>

Whitley Bay grandad diagnosed with same asbestos-related cancer that killed his dad - *Chroniclelive*, 13 Mar 2016 by Sonia Sharma

A former teacher who watched his own father die of asbestos-related cancer has spoken of his devastation at finding out he has the same disease.

<http://www.chroniclelive.co.uk/news/north-east-news/whitley-bay-grandad-diagnosed-same-11027082>

Mesothelioma gene-targeting drug looks hopeful - *Medical News Today* - by Catharine Paddock PhD, Tuesday 15 March 2016

A new study raises hope for the treatment of mesothelioma - a rare and deadly cancer predominantly caused by exposure to asbestos. It shows that a drug called HRX9 stops tumor growth in mice implanted with human malignant mesothelioma cells.

<http://www.medicalnewstoday.com/articles/307882.php>

Residents views sought on what to build on former St Eunan's Primary School site - *Clydebank post*, By Tristan Stewart-Robertson, 16 Mar 2016

CLYDEBANK residents are to be consulted on the future of the former St Eunan's Primary site. The 5.11-acre site has lain vacant since 2011 with widespread contamination including asbestos found there two years ago.

http://www.clydebankpost.co.uk/news/14344865.Residents_views_sought_on_what_to_build_on_former_St_Eunan_s_Primary_School_site/

Cancer victim, 66, is dying from the asbestos in the lunchtime SANDWICHES he ate while working as an engineer - *DailyMail*, By Keiligh Baker FOR MAILONLINE, 20 March 2016 UPDATED: 21 March 2016

A 66-year-old former engineer is dying of cancer after accidentally eating asbestos fibres in his lunchtime sandwiches, it has been claimed. Retired grandfather-of-five Trevor Jones from Brechin in Angus, Scotland, was diagnosed with mesothelioma last December and doctors told him he developed it after ingesting asbestos dust.

<http://www.dailymail.co.uk/news/article-3501287/Cancer-victim-66-dying-asbestos-lunchtime-SANDWICHES.html>

Overhead hazard - *The Kathmandupost*, by Ram Charitra Sah, Kathmandu, 20-03-2016

Asbestos is a mineral fibre that occurs in rock and soil. Although asbestos fibres are tiny in nature, they are extremely durable, resistant to heat, fire, chemical reactions, electricity and breakdowns. It has become the material of choice for roofing

<http://kathmandupost.ekantipur.com/news/2016-03-20/overhead-hazard.html>

Comedian Quincy Jones Has Mesothelioma, Lands HBO special - *asbestos.com* - Mar 23, 2016, by Tim Povtak

Comedian Quincy Jones, who was diagnosed with mesothelioma, will leave his legacy, too, but in a rather unique way. He will leave everyone laughing.

<http://www.asbestos.com/news/2016/03/23/comedian-quincy-jones-mesothelioma-cancer/>

Special People and Organisations

Regular donations made to us by these generous companies

GJ Crosby Contractors thank you to Judi, Kerri and all the family & we would also like to thank Paul Erbs & Darren Carman and all the team at **Mairin OHS&E Consulting**

We would like to take this opportunity to thank individuals who have donated to us in different ways over the last few months:

- Ray Logan,
- Jane West,
- Terry Wilkins,
- Phillip Bramstedt,
- Lesley Jordan,
- Norman Hughes,
- Eric & Yvonne Grant,
- Katherine & Chris Cheetham,
- Andy & Margaret Lapham,
- George McLeod,
- Bernard Henne,
- Elspeth & William Reilly,
- Jean Whitmore,
- Harold & Clay Rowe,
- Mel Ballie & Peter Farrugia Dec,
- Ian Lofts

THANK
YOU!

On line donations

- John Maxwell ■ Maree Hall,
- Gary Kenny ■ Mary Rossney

Donations made in Memory of - Roy James

- Eleanor James, ■ Lisa & Michael James,
- Susan Rowe, ■ Christine James,
- Terry & Irene Howard

Donations made in Memory of - Joe Lawrence

- Kaye & Vern Dawson, ■ Jeanie Patrick,
- Raymond Gallagher, ■ Lil Rodgers,
- J & J Blain

Donations made in Memory of - Marvin Webster

- Tyrrell & Partners P/L, ■ Anonymous \$20, ■ Anonymous \$50,
- Moscato Family, ■ JAW Johnston & ■ CJ Somerville

Donations made in Memory of - David Woods

- Graeme Woods

Donations made in Memory of - John Tobin

- Vivien & Peter Gunn

Rossmore Hotel Yallourn North Bowling Club

We would like to thank the Rossmore Hotel publican, staff and patrons and the Yallourn North Bowling Club Mal Paulet and club members for supporting the ACV/GARDS org by allowing us to fundraise at the hotel and the bowling club.

We have made some great acquaintances and the Yallourn North community make us feel very welcome. Thank you for your support in 2015 and your continued support of us in 2016. See you at the pub!

Home Taste Chinese Restaurant, Newborough

The ACV/GARDS organisation would like to again thank Pinky and Tony Lau for their continued support & friendship with our organisation. We thank you for all your support. Please support Pinky and Tony by visiting their restaurant and having a meal. They would be pleased to see you.



Gippsland Unions Picnic Donation 2016

We would like to take this opportunity to thank all of the union members and their families for supporting ACV/GARDS with a donation again this year in 2016. You are so thoughtful and the money will be put to good use in supporting asbestos sufferers and their families. Thank you so much for your continued friendship of our organisation a big thank you to Tom Malone, Toby Thornton and Kevin Hills.

Air Liquide & East Gippsland Agent for Air Liquide

The ACV/GARDS organisation would like to acknowledge the support that we get from **Air Liquide** and also **Tony Robinson, East Gippsland Agent for Air Liquide**. We are so grateful for the service and support that we receive for our members who rely on the oxygen that this firm set up for us. They have been long-time supporters of our work and go out of their way to support our sufferers by setting up our sufferers with our oxygen concentrators as a donation to the work we do. Thank you so much.

Uniting Church Parish of Yallourn Thrift Shop Rutherglen Rd Newborough

We would like to thank so very much the volunteers of the Thrift shop here in Newborough for their wonderful donation to us. This money has been able to support our brochures that we give out to those who come looking for our support and information. We have a section on the back of the pamphlet that acknowledges that these brochures were made possible with the kind donation from them. Thank you so much for supporting people who need help and information in our community.

rmiprint

Thank you so much to Rod Isles and the crew for the wonderful support you have given to ACV/GARDS over the years and for the discount on printing of much needed booklets for our org recently. Your generosity did not go unnoticed. They are a great team to deal with for all your printing needs.

ORDER OF AUSTRALIA ASSOCIATION GIPPSLAND BRANCH

Thank you so much to the Order of Australia Gippsland region for making a donation to our organisation to help support the work we do in the community. It is such an honour to receive this monetary donation from community minded individuals who themselves donate their time in helping others in all walks of life and groups. Again thank you for your support our members appreciate it very much.

EVELYN – SERGIO & BELLA RAMIREZ THANK YOU

We wish to take this opportunity to thank so much the Ramirez family for making a donation of an electric scooter to our org. We are currently trying to find a good home for this scooter at a reasonable offer. We would also like to acknowledge the sad passing of Sergio on the 1st of April 2016 – he fought like a Tiger to stay with his family and underwent a great deal of treatments that did lengthen his time with his family. Sergio had Peritoneal Mesothelioma which he contracted from a summer holiday job when he was 19 years old. There are many like Sergio who are unwittingly exposed to asbestos in a work place. Sergio your battle is over - may you rest in peace – we will never forget your valiant fight. Thank you to Evelyn and Sergio & Bella for being so generous to us at time of great stress for all of them. Your kindness and thoughtfulness was overwhelming.

Are you nursing a loved one with a terminal illness? **WE ARE HERE FOR YOU!**

The Latrobe Valley Palliative Care Fundraising Association "provides financial assistance to patients and their families"

By paying for equipment hire needed in the patient's

home to help them be more comfortable and make it easier for their carer. If necessary, we can assist with financial help for medication and oxygen.

This service operates with the hard work of volunteers

and the generous public who help us raise the funds needed to run the service, thereby making a big difference to numerous lives. Would you care to join us? Call the number listed below.

CALL 0429 689 827 OR 0351 273 283

To discuss how we can assist with the comfort of your loved one and make it a little easier for you.



ACV/GARDS Inc. Membership Form

Asbestos Council of Victoria/Gippsland Asbestos Related Diseases Support Inc.

ABN: 77 687 118 554 - Inc. No. A0042386U

Name:

Address:

Postcode: Telephone: Email:

Occupation:

ACV/GARDS NEW MEMBERS Joining Fee \$5.00

PLUS

ACV/GARDS Annual Subscription 2016

1. Concession (Pensioner/unemployed) **\$3.00**

2. Full Rate (employed) **\$11.00**

Upon my admission as a Member, I agree to be bound by the rules of ACV/GARDS Inc.

Signature: Date: ____/____/____

Please return to ACV/GARDS Inc. with payment, PO Box 111, MOE, Vic. 3825

Office Use Only

I....., a Member of the ACV/GARDS Inc. nominate the Applicant for Membership of the Association

Signature of Proposer: Date: ____/____/____

I....., a Member of the ACV/GARDS Inc. second the nomination of the Applicant for Membership of the Association

Signature of Seconder: Date: ____/____/____

Committee of Management

President:

Dorothy Roberts
Ph. 03 5127 4174
Mobile 0407 274 174

Vice President:

Marie Smith
Ph. 03 5127 1427
Mobile 0427 271 427

CEO/Secretary:

Vicki Hamilton
Ph. 03 5127 8219
Mobile 0407 274 173

Treasurer:

David Fairbairn
Mobile 0403 319 520

Member:

Sharyn Fenech
Mobile 0423 587 363

Ray Whittaker
Mobile 0427 801 292

ACV/GARDS Fees

Joining Fee: \$5.00

Annual Fees:

Pensioner/Concession
Unemployed \$3.00

Employed persons..... \$11.00

Meetings

SUPPORT:

Last Tuesday of month,
1.30pm - 3.30pm

EVENINGS:

3rd Tuesday of month,
7.30pm - 9.30pm

Office Hours

Monday to Thursday
10am - 4pm

Friday - By appointment

ACV/GARDS SUPPORT GROUP MEETINGS FOR 2016

1.30PM – 3.30PM

Meetings are held at –

**ACV/GARDS Premises
41 Monash Road,
Newborough**

- Tuesday 31st May
- Tuesday 28th June
- Tuesday 26th July
- Tuesday 30th August
- Tuesday 27th September
- Tuesday 25th October
- Friday 25th November, Asbestos Awareness Day, Rose Garden, Morwell, 11am
- Christmas Break-Up TBA

ACV/GARDS NIGHT MEETINGS FOR 2016

7.30PM – 9.30PM

Meetings are held at –

**ACV/GARDS Premises
41 Monash Road,
Newborough**

- Tuesday 17th May
- Tuesday 21st June
- Tuesday 19th July
- Tuesday 16th August
- Tuesday 20th September
- Tuesday 18th October
- Tuesday 15th November
- Christmas Break-Up TBA

UP AND COMING EVENTS IN 2016 Day Meetings

- Support Group
Tuesday 31st May –
Celebration for Dorothy & Marie
- Support Group
Tuesday 28th June – Bus
Excursion to Darnum
Musical Village
- Support Group
Tuesday 26th July – Davin
Nicholas – Volunteered for
Project Klic in Cambodia
- Support Group
Tuesday 30th August – Bus
Excursion to Austin Hospital
ONJ Wellness Centre
- Support Group
Tuesday 27th
September- TBA
- Support Group
Tuesday 25th October –
Kevin McLaren –Leading
Senior Constable – Victoria
Police

CELEBRATION OF LIFE MEMBERSHIPS & GTLC COMMUNITY ACTIVISM AWARD

**Dorothy & Marie's awards celebration 31st May –
1.30pm at the ACV/GARDS office**

41 Monash Road, Newborough

ALL WELCOME – please let us know if you are attending for catering purposes –
afternoon tea supplied by the organisation for this event.

**CALL IN
FOR A CHAT AND
CUPPA**


ACV/GARDS INC. SUPPORT



We are situated at:
**41 Monash Road,
 Newborough, Victoria.
 3825**
**PO Box 111,
 Moe, Vic. 3825**

On line donations
<http://www.givenow.com.au/gards>

Phone: **03 5127 7744 24/7**
 Fax: **03 5126 0354**
 Email: info@gards.org
 Website: www.gards.org
 SKYPE: **VickiGARDS**

 Find us on Facebook
[facebook.com/gardsinc](https://www.facebook.com/gardsinc).

 Follow us on Twitter
twitter.com/VickiHamilton@ACV_GARDS

ACV/GARDS provides support and information to asbestos sufferers, their families and carers. This includes home visits by ACV/GARDS volunteers, a telephone information/support service 24 hours, 7 days a week. ACV/GARDS has an office, which is open for sufferers, their families, carers and the general community to access at the times listed in the information section.

ACV/GARDS INC. Support also conducts a monthly meeting (1.30pm – 3.30pm) on the last Tuesday of the month) where guest presenters are invited to provide information about support services of all kinds and any other topics of interest that the members might find of relevance. The meetings also provide a gathering

place for experiences; ACV/GARDS Support is open to anyone whose lives have been affected by asbestos, their families and the general public.

ACV/GARDS loans out free of charge to asbestos sufferers - oxygen bottle regulators, conserving devices, oxygen home concentrators, wheel chairs, oxygen bottle carriers, nebuliser, walking frames & walking sticks.

We also have an extensive library of books, DVDs and CDs on asbestos issues, health, social and environmental that we loan free of charge to those wishing to improve their knowledge

ACV/GARDS can provide professional counselling with a qualified psychologist free of charge for those who have been diagnosed with asbestos related disease and also their family members. If preferred telephone counselling can be arranged.

ACV/GARDS INC. EVENING MEETING

ACV/GARDS has an organisational, activities and advocating arm. Interested financial members can come along to evening meetings, which are, conducted 7.30pm – 9.30pm on the third Tuesday of the month.

These meetings provide a focal point for information sharing and problem identification. The aim of this

group is to focus on improving health and support services and any other issues deemed relevant to improving overall outcomes to asbestos sufferers, their families and the general public. Thus ensuring asbestos-related issues are kept in the public eye and trying to rid our environment of asbestos products.



ACV/GARDS Inc. would like to thank these sponsors and supporters



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